



Dulce Maria Viñas

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San Luis Potosi, SLP.

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Mexico

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EMAIL ADDRESS

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DATE OF BIRTH 10-08-2005

AVAILABILITY DATES (06/01/2026) - (08/15/2026)



INTRODUCTION

I am an empathetic, sociable, and charismatic person, with a great ability to connect with others. I adapt quickly to different environments and enjoy learning from new experiences. I have always been a creative person, with a curious mind and a practical approach to problem-solving. I am passionate about helping others, listening, and supporting those around me, which has led me to develop a great sensitivity in understanding the emotions and needs of people.

I bring positive energy into everything I do, combined with strong determination to achieve my goals. I love making people feel comfortable and valued, which makes it easy to form strong bonds. My patience, natural leadership, and love for sharing knowledge have allowed me to grow in various areas, from teaching to recreational activities.

QUALIFICATIONS, SKILLS & ABILITIES

Camp skills

- **Sports and Water Activities:**

Swimming, river and lake kayaking.

- **Psychological First Aid:**

Experience handling stress situations, anxiety crises, panic attacks, emotional deregulation crises.

- **Arts and Crafts:** Watercolor and oil pastel painting, acrylic painting, bracelet making, ribbon crafts, thread, modeling paste, card designing.

- **Education and Working with Children:** I am studying for a degree in Psychopedagogy with a focus on language, which gives me experience working with children of all ages, from babies to teenagers. I am familiar with learning and teaching processes.

- **Games and Dynamics:** Ability to improvise recreational activities and group dynamics.

- **Cooking and Service:**

Experience in cooking and customer service..

Personal skills

- **Sports:** Barre, yoga, pilates.

- **Creativity and Adaptability:**

Able to find innovative solutions

and adapt to different situations and environments easily.

- **Natural Leadership:** I

coordinate activities and teams without being authoritarian, fostering a respectful and cooperative environment.

- **Teamwork and Effective**

Communication: I am a good listener, can express my ideas clearly, and collaborate to achieve common goals.

- **Empathy and Emotional**

Skills: I understand the emotions of others and provide support when needed.

- **Organization and Planning:** I am efficient at handling multiple tasks, structuring activities, and managing time effectively.

- **Patience and Conflict**

Resolution: I manage stress well and mediate difficult situations with a calm and thoughtful attitude.

- **Quick Learning:** I easily adapt to new experiences and absorb information quickly.

- **Artistic and Craft Skills:** I excel in painting, crafts, and creative design

Leisure Activities:

- **Art and Creativity:** I love painting with watercolors and

oil pastels, making crafts, designing cards, and decorating spaces.

- **Literature and Writing:** I enjoy reading romantic and fantasy novels, writing stories, and exploring the creation of complex characters.

- **Music and Entertainment:** I am a fan of One Direction and Harry Potter, enjoy listening to music while painting or reading, and love watching romantic series and movies with deep stories.

- **Physical Activities:** I practice yoga, barre, and pilates, as well as having experience in swimming and water activities like kayaking.

- **Gastronomy:** I love cooking, especially Mexican dishes, and experimenting with new recipes.



- Do you have experience working with special needs children or adults? **Yes**
- Participated in the J-1 Camp Counselor Program in the past? **No**

EDUCATION

Universidad August 2022- August 2028
Autonoma **Studied**
de San Luis
Potosí
San Luis **Bachelor's Degree in Psychopedagogy with an emphasis on Language**
Potosi,
Mexico **Level: Bachelor's Degree**

EXPERIENCE WITH CHILDREN

Kindergarten Assistant Teacher

Preescolar Walter Elias Disney
San Luis Potosí, México
September 2023 – Present

- Assisted in teaching young children in language development and motor skills.
- Organized playful and pedagogical activities.
- Provided emotional support to children in difficult situations

Guardería Mundo de Sueños

San Luis Potosí, México
September 2023 – Present

- Took care of children of various ages, ensuring their safety and well-being.
- Organized recreational and educational activities tailored to each age group
- Managed conflicts and provided emotional support to children missing their families.



Feria de las Carreras – University Volunteering

November 2024 – Present

Universidad Autónoma de San Luis Potosí

San Luis Potosí, México

- Assisted applicants and families, providing information about educational programs.
- Helped organize and manage the logistics of the fair.
- Facilitated integration activities for young people interested in the university.

Babysitter

April 2022 – Present

- Prepare and serve healthy meals and snacks.
- Bathe and dress children.
- Change diapers and assist with toilet training.
- Provide a safe and clean environment.
- Plan and carry out fun and educational activities.
- Read stories and play with the children.
- Assist with homework and school tasks.

QUESTIONNAIRE

- Are you willing to work at a faith-based camp? No
- What is your religion and/or denomination?
- Please describe your testimony/doctrine:
- Are you comfortable leading and/or planning faith-based activities such as bible study, etc.?
- Are you comfortable assisting with personal care to youth or adult campers with special needs, that may include feeding, hygiene, dressing, toileting, mobility support, etc.? Yes

ODYSSEY INTERNATIONAL CAMP

Skills

EV Name: Dulce

EV Email: vignasdulce.0810@gmail.com

Category	Skill	Rating	Level	Level Description	Do you have experience coaching or teaching this skill?	Skill Description
 <p>Water Sports</p>	Kayaking		Advanced	<ul style="list-style-type: none"> • High degree knowledge of overall skill. • High degree of autonomy. • Lead. • 3+ years experience. 	Yes	I have experience kayaking in rivers. I am comfortable using the equipment, maintaining balance, and following safety rules in water activities.
 <p>Theater</p>	Acting/Drama		Expert	<ul style="list-style-type: none"> • Deep understanding of the skill & Proven ability to lead. • 5+ years experience. 	Yes	I have experience in theater and enjoy using acting, storytelling, and role-playing to entertain and connect with children. My theatrical skills help me create dynamic activities, capture attention, and encourage participation in a fun and safe environment.
 <p>Theater</p>	Stage Design		Advanced	<ul style="list-style-type: none"> • High degree knowledge of overall skill. • High degree of autonomy. • Lead. • 3+ years experience. 	Yes	I have experience in stage design, collaborating with others to plan and create sets using accessible materials. I am creative, detail-oriented, and able to adapt designs to different spaces and themes.

ODYSSEY INTERNATIONAL CAMP

Category	Skill	Rating	Level	Level Description	Do you have experience coaching or teaching this skill?	Skill Description
 Outdoor	Wilderness		Experienced	<ul style="list-style-type: none"> • In depth understanding of field. • Independently performs full range of function. • 2+ years experience. 	Yes	Growing up around nature and sport fishing taught me patience, responsibility, and respect for the environment. I am comfortable spending long periods outdoors and enjoy teaching children how to appreciate nature while following safety rules.